

		l	m	x	j	v	s	d
07:00 - 07:45	A1					BODYPUMP		
08:00 - 08:45	A1	BODYPUMP		BODYPUMP				
11:30 - 12:15	A1						BODYPUMP	
18:30 - 19:15	A1	BODYPUMP			BODYPUMP			
19:30 - 20:15	A1		BODYPUMP					